



Diana Coverdale

Accredited Genos EI Practitioner
Diploma Somatic Psychotherapy (ACCSP)
(Associate Member AASP)
Executive & Workplace Coach

Diana brings over 20 years experience and expertise to her work as a Consultant and Facilitator enabling the development of optimal personal and professional potential and building resilience. She has outstanding skills in Leadership and Team Development,

Executive and Workplace Coaching, Stress Management, Conflict Resolution, Effective Communication, Meditation Techniques, Emotional Intelligence and the emerging field of Spiritual Intelligence.

Her industry experience includes Sales, Advertising, Hospitality, Marketing and Management of successful businesses, including her own. She has delivered programs to the Private and Public Sectors of business and presented a successful personal development program to the general public for 17 years.

Diana is passionate about communicating and sharing information that opens hearts and minds to possibility, choice and empowerment. She engages her audience with compassion and humour and shares her wisdom and knowledge generously.