



# GLF Update

22 November 2011

GLF2011 UPDATE – INARA BEECHER, Practice Support Manager, Murray Mallee General Practice Network

*“Life is a journey,  
Not a destination,  
There are no mistakes,  
Just chances we’ve taken Lay down your regrets ‘cause all we have is now”  
A Beautiful Day – India Arie*

When we began GLF some 10 months ago little did we know what the year would bring. Thirty-nine participants assembled at the rustic Brukunga CFS training centre in February where we spent three days learning about each other and more about what our time in the GLF would entail. It was confirmed early on, this was not going to be like any ‘leadership’ program we had experienced before. Bonds were formed through the insight we had into personal stories, inner thoughts and feelings: we arrived at Brukunga as individuals and departed as a group. GLF would be journey from ‘here’ to ‘there’ and we were about to step off into the chaotic space in between.

GLF 2011 has been very fast paced. We moved between issues at what seemed an exceptional rate, visited many locations and met with many leaders in various fields: Aboriginal Issues to State of the Nation and everything in between. Many found their heads spinning as a result of the pace and the personal challenges some issues brought up.

As a rural participant, GLF 2011 has meant a lot of time spent driving. Driving to Adelaide for the sessions each Tuesday, sometimes car-pooling with other GLFers which gave the opportunity to continue discussing topics after the GLF session was finished. Friendships have been formed and I have learnt a lot more about myself - the time on the road has also allowed for reflection.

We have spent some time on the road during GLF 2011 as well with numerous bus trips around the State. The selection of music played on these trips has helped to make the travel more fun. For our Mid-year Regional Field trip to Port Augusta, Syndicate 3 came up with the clever idea of putting together a CD of each GLFer’s favourite road trip song. Thanks goes to Karen Wyld and her tremendous efforts in finding the songs and compiling onto three CDs which we have all received to keep for posterity.

When you think of road trips the classic driving song of “Road to Nowhere” immediately springs to mind. As we reach the ‘there’ of our GLF 2011 journey, we definitely can’t be described as going nowhere. All of the GLF 2011 participants are on the road to somewhere. Some GLFers will now take a new road, possibly a road not taken before. Maybe a road they have always wanted to take – ‘the ultimate destination’ – but prior to GLF they hadn’t had the courage to.

---

## Major Sponsors



Some will continue the same road as when they began GLF. They will now travel that road with a better appreciation of the scenery around them and the journey they are on. For others, GLF is a traffic light encouraging them to slow down their drive, even stop driving, and take the time to review their map to determine which road they want to be on.

Whatever journey we are on we all leave the GLF with the assurance that we have increased the number of 'support vehicles' available to us for times when the road gets bumpy or we think we are lost. GLF 2011 has seen many different paths cross and as the year closes, the connections do not. The bonds we have formed will continue and we are destined to be travellers together into the future.

At the beginning of the year, with the welcome reception at Government House, Holly gave the address on behalf of all GLF 2011 and in her speech she set us a challenge:

*"My challenge is for you all to not only exercise leadership but in doing so to make a difference in the lives of others and to devote yourselves to something bigger, greater and grander than you. Through this program we can all be inspired to meet this challenge with zeal."*

As we go forward now as FGLFers we will remember Holly's challenge and take the learnings, experiences and friendships we have developed during the GLF year to the next chapter of our lives...

*"I am unwritten, can't read my mind, I'm undefined  
I'm just beginning, the pen's in my hand, ending unplanned..."*

*Unwritten - Natasha Bedingfield*



*Graduates of the 2011 GLF Program*

---

## DIARY DATES

---

For more information on our upcoming events and programs please click below:

[Edge - Early bird Registrations close Dec 1st](#)

[Boardroom Bites](#)

---

## Major Sponsors

---

