



GLF Update

17 May 2011

GLF2011 UPDATE – MARK STANLEY – DEPUTY GENERAL MANAGER, EYRE PENINSULA NRM BOARD

What a journey we are having! Being a truly regional participant from Port Lincoln in the GLF program this year has created many challenges in getting to functions and then returning home. Thanks to the great team spirit of the other participants (and perhaps their sympathy!) I have had no problems with getting to the airport on time. The strength of the program to date has been the other participants, and the challenging program set by Niki, Julie and the Leaders Institute team. It is truly reassuring that we are on this journey together and face the same trepidations and doubts about our ability to meet the demands of the course.

Over the last month we have had a range of experiences, including an arts and culture session at the Festival Theatre complex, to visiting the Holden factory in Elizabeth as part of our economic issues session. The Holden visit was truly inspiring, where world class technology intersects with the issues of keeping a local community engaged through the ups and downs of the car industry. The passion for what is being achieved was extremely palpable as we made our way through the plant.

As part of our economics session we heard about the opportunities that are available in the bio sciences arena, where the challenge is to translate the outcomes of science and research into opportunities and value for industry. All the speakers we engaged with spoke of the strength of our economy, and as a nation we are on the cusp of a great future. Our proximity to Asia as it emerges as the engine room for the world's economy puts Australia in a prime position to take advantage of our extensive resource base.

Over the last month we were also introduced to our action learning projects. We were given a briefing on the action learning process and what to expect as our teams developed their projects. As part of developing our teams, we spent time understanding our group's values and behaviors utilising our Belbin assessments. All the projects are to take into account the concepts of community resilience. The global challenges of natural disasters, expanding populations, global interconnections and changes in society will all test the ability of communities to cope and balance back from setbacks. Being able to operationalise the concept of resilience will enable us to plan and respond in a more proactive manner as we are confronted with these challenges.

Finally, while all of the above was happening, we were also addressing our adaptive leadership failure case studies in our syndicate groups. I found this a personally challenging exercise, where we exposed our weaknesses to the scrutiny of our fellow team members. The feedback I obtained through this exercise was extremely valuable, and gave me completely new perspectives on dealing with the challenges I presented.

The journey so far has been at an exceptional pace, and doesn't look like slowing down until our mid-course break in July. The challenges are confronting and time consuming, but I have no doubt I will emerge a more rounded person from the journey.

UPCOMING PROGRAM: MINDFUL LEADERSHIP – DR JOHN WOOD – REGISTER TODAY

Mindful Leadership is the ability to mindfully achieve peak performance with a values based sense of meaning and fulfilment. Our capacity to listen deeply, make informed decisions, handle stress, ignite innovation, and to access previously untapped resources and apply them to the challenges we face every day all rely on our capacity to be mindful and present. This workshop will help you understand mindfulness as an essential tool for successful leadership, applying it to performance, personal growth and wellbeing. During this interactive one day workshop you will:

- Understand how mindfulness is intricately related to successful leadership practices
- Practice a variety of mindfulness techniques specifically designed for leaders
- Identify your leadership purpose or mission
- Identify and work with **The One Big Thing**® you know holds you back from achieving your purpose and set a plan of action to address this
- Experience unique personal transformation practices

The investment for this program is \$445 (ex GST) for financial members and \$495 (ex GST) for non-members. It will be held on Thursday 2 June, 9-5pm, The Leaders Institute of SA, Room 4, 163 Greenhill Road, Parkside (AEU Building). Please complete a [registration form](#) and email to Claire.johnson@lisa.com.au (or fax to 08 8125 5889).

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